

WE BRUNCH

FRESH + LOCAL

WE LOVE OUR LOCAL PARTNERS :)

DRAGSMITH FARM, WI
RED BARN FARM, WI
SEBASTIAN JOE'S, MN
B & W COFFEE, MN
UNTIED FARM, MN
PARADISE MARKET, MN



LET US HOST YOUR NEXT EVENT

WE PROUDLY USE
CAGE FREE EGGS.

WE SERVE 100%
PURE MAPLE SYRUP

* THIS ITEM IS SERVED
RAW OR UNDER COOKED
OR MAY CONTAIN RAW
OR UNDER COOKED
INGREDIENTS

made without glutenous
ingredients (please note our
facility is not gluten-free)

gf option may be available.
Ask your server

BRUNCH

Peaches & Cream French Toast / 12
peaches, house vanilla cream, fresh fruit

Lemon Blueberry Pancake / 11
light & fluffy, served w/ 100% pure maple syrup,
it's MASSIVE! great for sharing.

Breakfast Pizza / 14
scrambled eggs, crispy prosciutto, tomato,
mozzarella, parmesan, avocado, fresh basil

Shakshuka Skillet w/ Merguez / 14
two eggs, house made lamb sausage, peppers,
tomato, chickpeas, cumin, paprika, topped with
feta cheese & Za'atar spice, grilled pita for scooping

* **Mexican Hash** / 13.5
sunny side-up eggs, sausage, potatoes,
pico de gallo, cheddar, guacamole, crème fraiche

* **Protein Bowl** / 12.5
two eggs over easy, black bean quinoa salad,
pico de gallo, creme fraiche
add guacamole / 2.5

Urban Steak & Eggs / 16.5
blue cheese bacon & mushroom crusted
medallion, two eggs, hash browns, sauteed
spinach, guinness sauce

Garden Omelette / 13
leeks, mushrooms, tomato, cream cheese,
served with a local greens salad, wheat toast
add smoked chicken / 3

Urban Breakfast / 13
two eggs, breakfast potatoes, wheat toast
choice of bacon or sausage

Breakfast Sandwich / 12
fried egg, sausage, bacon, tomato, jalapeno
cheese fondue, croissant bun, tater tots

SIDES

Two eggs / 4 • **Three eggs** / 5 • **Toast** / 2

Bacon / 4 • **Breakfast Sausage** / 4 • **Fruit Cup** / 3

Breakfast Potatoes / 4 • **100% Pure Maple Syrup** / 1

Saffron Mayo / .75 • **Spicy Ketchup** / .5

STARTERS

Signature Hummus / 9
house made, tahini, cumin, olive oil,
smoked paprika, chili relish
choice of grilled pita or fresh veggies

Fresh Guacamole / 10
warm tortilla chips, chili lime salt

Wisconsin Cheese Curds / 11
beer battered white cheddar curds,
chipotle crema, spicy ketchup

Jalapeno Mac & Cheese / 8
crunchy panko, jalapeno fondue

Chilled Borscht / 7
roasted beets, lemon juice, dill, fresh
cucumber, spring onions, hard boiled
egg, chive crème fraiche, grilled
sourdough bread

BURGERS + MORE

**CHOICE OF FRIES OR WARM LIME TORTILLA CHIPS
SUB SWEET FRIES, TOTS OR CAESAR SALAD** / 2.5

Proper Burger / 14
house ground, pasture raised beef, local
cheddar, house aioli, lettuce, sauteed onion

Turkey Burger / 13.5
pepper jack, arugula, tomato,
red onion, guacamole, chili aioli

Lamb Burger / 14.5
goat cheese, chili aioli, pico de gallo

Veggie Burger / 13
provolone, carrot, sprout, cilantro,
sweet soy, house made BBQ

Salmon Burger / 14.5
house made patty, fresh mango salsa,
sprouts, cilantro

Chipotle Chicken Sandwich / 14
pepper jack, avocado, bacon,
lettuce, chili aioli

Grilled Shrimp Tacos / 16.5
guacamole, lettuce, sprouts, chili aioli,
pico de gallo, house made black beans,
warm lime tortilla chips

Brunch happy

Bloody Mary Bar / 8

La Marca Mimosa / 7

House Margarita / 7

HEALTHY ZONE

Grilled Chipotle Chicken / 17.5
marinated all natural chicken, mango salsa,
fire roasted corn & peppers, basmati lime rice

Grilled Swordfish / 24
lemon & herb marinated, grilled broccolini,
tomato-cucumber salad, sumac basmati rice

Grilled Salmon / 21
apricot glaze, black bean quinoa salad

Beef Kabobs / 19.5
red pepper, house slaw, peanuts, garlic ginger
dipping sauce, asian dipping sauce

SALADS

ADD CHICKEN \$5 / 8 OZ. SALMON \$9 / 6 OZ.

Local Greens / 8.5
Dragsmith Farms micro-greens, white
balsamic vinaigrette, marcona almonds,
citrus, radish, pecorino romano

Roasted Beets / 9
local micro greens, goat cheese,
hazelnuts, honey dijon dressing

Fresh Garden Salad / 9
tomato, cucumber, bell pepper, radish, red
& spring onion, dill, parsley, romaine, cold
pressed sunflower oil vinaigrette, grilled
sourdough rye

Thai Steak Salad / 16
arugula, basil, mint, cilantro, carrot,
onion, tomato, hearts of palm,
ginger vinaigrette

Grilled Salmon Salad / 17
spring mix, fresh citrus, red onion, tomato,
orange vinaigrette